# Thank You!

Brooklyn Frontiers HS Bushwick Leaders' HS Downtown Brooklyn YABC Family Foster Care Franklin K Lane YABC Groundwork for Success Lincoln YABC Monroe YABC *MS 447 - Creston Campus PS32/ MS442 Red Hook Community Center South Brooklyn Community HS Stevenson LTW Summit Academy Charter School University Heights HS Walton YABC* 

### **SPECIAL THANKS TO:**

*St. Paul the Apostle Church Swiss Post Solutions, Inc. Whitson's Catering* 

Good Shepherd Services Youth Summit Agency Support Staff: Aleicia Hutchinson, Caitlin LeStrange, Clara Delgado, Fernando Tinio, Joy Goldsmith, Lan To, Patricia Smith, Preston Burger, Rachel Forsyth

Volunteers & Consultants: *Alyssa Garcia, Annie Gleason, Jay Szkola, Nancy Fritsche-Eagan* 







*5th Annual GSS Youth Summit May 15, 2015* 



# *GSS Youth Summit Leadership Team 2015*



Youth Summit 7 oordinating Council 2015

### **Council Coaches:**

### Aleicia Hutchinson • Clara Delgado • Lan To • Preston Burger

The Youth Summit Coordinating Council is a team of young people from participating Good Shepherd Services programs who have committed their time, energy and imagination to the creation and implementation of this year's Youth Summit. The Council has spent the past three months putting together a day that we hope will be an exciting experience for you all. Enjoy the GSS YS 2015!

### **Autographs and Notes**


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### Welcome to the GSS Youth Summit 2015!



Hello Youth Ambassadors!

We made it! It's the 5th Annual GSS Youth Summit and we are here to represent on 5-15-15 to make our voices and ideas heard!

Your projects have made an impact in your schools and communities, and the presentations you share today will spread your inspirations to the communities represented here today from all over New York City.

This year's Youth Summit theme is "See You at the Finish Line!" It represents starting something with a team and choosing to finish with that team. This year's Coordinating Council started this race as individuals and now we are a strong team who supports one another and our goals.

The Finish Line also symbolizes the personal race we all run in life. We may run more than one race, and some are harder than others. With a strong support network, personal conviction and self-confidence, we can reach our goals and get to the finish line. So let's help each other out.

Thank you Youth Ambassadors and Mentors for your hard work for the 2015 GSS Youth Summit! We hope that you take something away from this amazing experience.

## SEE YOU AT THE FINISH LINE!



8:30AM - 9:30AM	Registration Station and
	<b>Breakfast</b>

9:30AM - 10:45AM	Opening Session

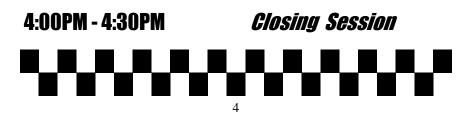
10:45AM - 12:00PM *Morning Presentation* Session

12:00PM - 12:45PM *Lunch* 

12:45PM - 1:00PMAll Summit Energizer

1:00PM - 2:00PMAfternoon PresentationSession

2:00PM - 4:00PM All Summit World Cup Café



## <u>West Brooklyn Community HS</u> "Perceptions of Teen Pregnancy"

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ÁVe conducted statistical research on teenage pregnancy by handing out questionnaires to a sample size of about 26-30 students, which also included some staff members. In this presentation we will explore our findings and share clips of two high school students describing their experience as high school teenage parents.







Misconceptions about what it is to be a YABC student effects every YABC student. Because of our age and the fact that we are still in HS, YABC's receive misconceptions and stereotypes on a daily basis. We receive criticism from almost everyone about why we haven't graduated when we were supposed to. Assumptions have also been made about us based solely on the fact that we are 18, 19 or 20 years old and still in HS. We created a documentary that will be aired on TV that allows the students to tell their story and their reasons for not graduating on time.

### **Presentation Schedule**

Morning Presentations				
Main	Engine	Motor	Fuel	
Track	Room	Room	Room	
HOSTS:	HOSTS:	HOSTS:	HOSTS:	
Luz &	Kristina &	Alante &	Eila &	
Eloiny	Devon	Mario	Ashley	
Stevenson LTW	Family Foster Care	South Brooklyn Community	GWS— Therapy	
Brooklyn	University	Monroe	PS 32/MS	
Frontiers	Heights HS	YABC	442	
Walton YABC	Red Hook Community Center	Summit Academy Charter		

Afternoon Presentations				
Main Track	Engine Room	Motor Room	Fuel Room	
HOSTS: Eloiny & Luz	HOSTS: Devon & Kristina	HOSTS: Mario & Alante	HOSTS: Ashley & Eila	
West Brooklyn Community HS	Lincoln YABC	Downtown Brooklyn YABC	GWS— Conflict Resolution	
Bushwick Leaders	MS 447 Creston Campus	GWS—Stop & Frisk	FK Lane YABC	

## <u>Keynote Speaker</u>



**JOSE VEIEZ** Director Information Technology & Corporate Training North America Swiss Post Solutions, Inc.

Jose Velez attended Aviation High School in Queens, NY where he played an instrumental role in helping his Varsity Baseball team

achieve a Division Championship in 1984. He was selected to the NYC Baseball All-Star Team and graduated with the Most Outstanding Athlete award.

As Swiss Post Solutions IT Director, Mr. Velez reports directly to the Chief Executive Officer, and provides leadership, vision and management for all aspects of Information Technology management and control in the North American operations (that's over 80 cities).

Swiss Post Solutions, Inc. is a global corporation in over 28 countries and is a leading provider of strategies related to business and document processes for businesses in financial services, media, entertainment, legal services, manufacturing, higher education and non-profit.

Mr. Velez is a proud member of the United States Marine Corps, where he attained the rank of Gunnery Sergeant\*\* and retired after 20 years of dedicated service.

\*\*The rank of Gunnery Sergeant is considered the backbone of the Marine Corps Staff Officer ranks. Marine Corps Gunnery Sergeants are expected to bring their years of experience to bear in quick, accurate decisions that are in the best interest of the mission and their Marines. They set the example of leadership and professionalism.

### <u>University Heights HS</u> "Day of Silence 2015 -Stop Microaggressions"



Members of our GSA which is called CASH: (Community Alliance for Safe Heights) recognize how small, often unintended insults can be as damaging as outright racism, sexism or homophobia. As part of our annual Day of Silence celebration we will be doing presentations to the entire school to raise awareness of Microaggressions and include this as part of our Day of Silence events.

## <u>Summit Academy Charter School</u> "Gun Violence"

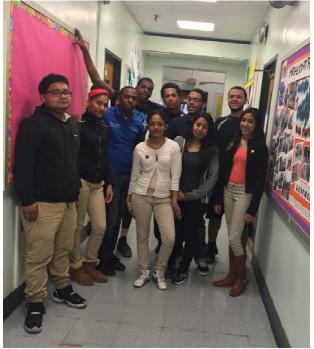


We feel that we are most affected by gun violence in our community. We collected video testimonies on how gun violence has effected families in the Red Hook community, and presented them at a Anti –Gun Violence Forum to encourage community members to commit to Peace in our Streets. We hope this will rally the Red Hook community together to start the process of minimizing gun violence in our community, bringing police, community members, and elected officials towards a common goal of peace.



**Op** Amembers of the BFHS Student Leadership Team (SLT), we have been trained in conflict resolution principles and skills to have a greater understanding of what happens in conflict situations and the choices that people have. We have also been trained in basic interviewing techniques. In this presentation we will explore our research on conflict within our school. In exploring this conflict we interviewed administrators and peers on their thoughts & experiences with conflict. We worked in pairs to conduct interviews and photograph the interviewees. By transcribing the interviews and uploading the pictures, we created an eye-catching exhibit featuring student voice on the issue of conflicts in our community. In this presentation we will share and discuss our observations, lessons, conclusions, and on-going questions. We will direct these discussions toward a project for next year about how we may address conflicts in our school community.





The motto of our project is, "We are students helping students." This presentation will include a video reporting on the students' progress and findings from interviews conducted with teachers to see how those students have changed. Students will also speak about their own experience in peer tutoring.

## <u>Stevenson YABC/ITW</u> "High School Dropouts"



We will present a skit based on a high school student being faced with a tempting offer that could cause him to drop out of school. We will also present a power point presentation using statistics from a survey we created and handed out to our fellow peers.





Our topic is based on a school store ran by the students (The Lil' Store) within the school community. We wanted to do this to increase student morale with the students in the building and to provide an alternative to school lunch for students who do not eat the school lunch. Our team was able to make the business decisions including which products will be sold, the prices for each item and calculations of net profits. The profits will go towards school activities such as trips and school events in an effort to increase student buy in. Because youth were making all the business decisions, we received firsthand knowledge of what it takes to become entrepreneurs.

## <u>Downtown Brooklyn YABC</u> "Unhealthy Relationship Practices & How To Avoid Them"



All too often we may find ourselves straddling the line of "Is this, or was this abusive?" Young people often justify the negative behavior as "She loves me" or "He cares for me" as an excuse for unhealthy relationship practices. This workshop will delve deep into identifying, defining, and possible ways of spotting unhealthy relationships and the impact they may have on our youth. Our research shows that young people age 17 to 22 do not realize that some relationship behavior may be considered abusive, and they often find themselves in unhealthy relationships.

## <u>Family Foster Care</u> "Making Families Stronger"

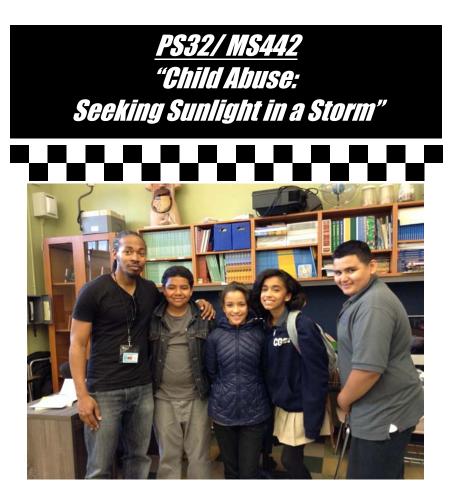


## <u>Red Hook Community Center</u> "Life Without Phones"



Young people in foster care with GSS recognized that family visits at the agency could be improved if parents could participate in a family activity. Youth surveyed children and parents to find out which activities they wanted to do and they took turns facilitating the activities with families during agency visits. This presentation explores the findings of the survey and reflections on these activities.

Our presentation will discuss the results of our survey which asked respondents to consider the question: How do you think your life would be different without a cell phone? We chose this topic because this generation of youth tends to stay on our phones without realizing there are better things to do. We sit around and let time pass by instead of being active. Our project will help children begin to realize that they spend lots of time on their phones more than anything else, and maybe, they can think of other things to do.



This presentation takes the form of a play that will be focusing on physical and emotional abuse. It begins with a young child named "Dandelion." She is a normal child that has an abnormal relationship with her father. Her father is a drunk and somewhat of a sexist. It seems like she still wants a positive relationship with father, however we shall see how things turn out.

## <u>Franklin K Lane YABC</u> "Abuse Has No Place In Love"



We created a public service announcement (PSA) that shows the everyday life of someone who is in an abusive relationship, and how it can start out as a fairy tale and end up as a nightmare. We will provide information about the different forms of abuse and the services victims are able to access if in need. We also created a pamphlet that was handed out to the community.

# <u>Groundwork for Success</u> "Conflict Resolution - Peer Mediation"



The Peer Mediation program is a way for GWS scholars to have an active role in resolving issues amongst GWS peers. By participating in the program they have an opportunity to give back to the GWS community in a positive way, effect change, learn effective problem solving skills, learn the art of public speaking and become a standout leader. In this presentation, members of the Peer Mediation program will discuss their reflections on being a part of this program and share some of the problem solving skills they have learned. <u>MS 447 - Creston Academy</u> "Can your plate be better?: Healthy Eating : GMO vs. Conventional vs. Organic"





We created a survey to give out to 200 students to assess their idea of what healthy eating is and what making healthy choices means to them. Based on these survey results we have created a youth friendly booklet, which makes it easier to learn about healthy foods and choices. In our presentation we will discuss our survey results and the creation of this booklet.

# <u>Monroe YABC</u> "Cyberbullyīng"



# <u>Groundwork for Success</u> "Stop and Frisk"



We felt there was a need in our school to help students to be aware of cyberbullying. We decided to address this issue by creating a Cyberbullying Awareness Week event to promote awareness, prevention, and response. Our main goal was to encourage leadership among our peers in preventing cyberbullying and intervening when we see it. Our presentation is about our experience developing and presenting this event. The Scholars of Service at Groundwork for Success will be presenting a two minute stop and frisk awareness video to inform their peers of the importance of stop and frisk. The scholars will also lead a discussion and present to their audience stop and frisk facts, information regarding the topic, and the steps one can take if they are harassed by the police.



The mission of the TRUTH (True and Real Understanding for Teen Help) Peer Educators of Groundwork for Success is to increase the emotional awareness of young people from East New York and Bed Stuy and to reduce the stigma associated with getting help for mental health issues. Started 3 years ago, the group is formed each year with new peer educators who must apply and be selected to be in the group, along with one lead peer educator who was in the group the year before. They give workshops to middle schools and high schools participants of GSS programs in East NY and Bed Stuy on life issues and emotional topics such as bullying, peer pressure, getting help for emotional issues, self-harm, and more. They are trained in basic mental health issues, such as adolescent stages of growth, societal stress, trauma and resiliency. As members of this year's group we will present an excerpt from our workshop that looks at peer pressure and reasons why some youth may be easier to bully and how knowing why can help young people avoid it. The peer educators will share what it is like to be a part of a group that is formed every year and the advantages and challenges of that. We will also present recommendations for other groups looking to form a group of peer educators at their site.





This project will challenge 3 sets of groups (YABC staff, Young Women's Group and KIC group) and our friends to disconnect from technology and social media. We went into the groups to talk about technology (good & bad) and challenged the groups for a week. After the week was over, we went back into the groups to discuss how the challenge went. This presentation will explore the findings of these challenges.